



Pip & Pear is No.9's own range of award winning Chilled Baby Food.

It's a convenient alternative to home cooking, with "all of the goodness and none of the guilt" and will soon be available in supermarkets nationwide.

Like most parents we want the best for our children, but don't always have the time or the energy to provide it. As a new mother I was disappointed by the Jars & Pouch's of Baby Food available in supermarkets, which didn't seem to taste, smell or feel anything like real food.

And so Pip & Pear was born, here in No.9, using my tried and tested recipes and cooked just like you would at home. All of the dishes are gluten free, are free from additives or preservatives and have no added salt or sugar. We use the finest quality ingredients with 100% Organic Fruit and Veg, Bord Bia Approved Irish Beef, Lamb & Chicken and Bord Iasciagh Mhara approved Fish.

At the 2014 Blas na hEireann, National Food Awards, Pip & Pear Chilled Baby Food swept the boards, winning the Gold, Silver and Bronze Medal.

Log onto WWW.PIPANDPEAR.ie for more details, as well as recipes and advice on weaning and look out for us in supermarkets nationwide from the end of May 2015.

Thanks to our customers for all the feedback and support so far.

Irene,
Pip & Pear at No.9



No.9

MENU KIDS & BABIES



No.9

BABY FOOD MENU

Stage 1 from 5 months +

These dishes are pureed and sieved to give a smooth consistency for babies first solid food. Combinations of flavours at this stage help to develop babies' pallet. They are also great as dessert for older babies and toddlers.
For advice on weaning log onto; www.PIPANDPEAR.ie

Banana Blue (v/g) 1.80

Silver Medal Winning puree of Banana, Blueberry & Apple, with a hint of Vanilla.

Spiced Apple & Pear (v/g) 1.80

Gold Medal Winning puree of Apple and Pear, with a hint of Cinnamon.

Squashy Potato (v/g) 1.80

A puree of Butternut Squash, Sweet Potato & Apple.

Stage 2 from 7 months +

This stage has a mashed consistency, they are just right for developing tastes and textures, as baby moves on to more adventurous foods and the portion size is just right.

Chicken Lickin Casserole (g) 2.30

Bronze Medal Winning Chicken Casserole cooked with natural Chicken Stock, Butternut Squash, Carrot, Apricot and Parsnip.

Fishy Dishy (g) 2.30

Atlantic Cod with Potato, Carrot & Parsnip in a Citrus Sauce.

Lovely Lentil Stew (v/g) 2.30

A Lentil Stew with Sweet Potato, Rice, Tomato, Garlic, Ginger & Cumin.

Stage 3 from 10 months +

These dishes have a chunky consistency with some small lumps and chunks, which help with chewing at this age. Texture in food at stage 3 helps motor skills and language development.

Tutti Fruity Chicken Curry (g) 2.80

Fruity Curry with Irish Chicken, Coconut Milk, Apples, Raisins and Apricots.

Baby Beef Ragu (g) 2.80

Minced Irish Beef with Sweet Potato and Gluten Free Pasta in a tasty Tomato Ragu.

Lamb Tagine (g) 2.80

Minced Irish Lamb with Rice and Carrot in a Fruity Moroccan Style Tomato Sauce.

NOTE FOR PARENTS & GUARDIANS — KIDS PLAY AREA.

We have created an area where Children can play and watch cartoons.
This area is **NOT** supervised by our staff and you should take all appropriate measures to ensure your child's safety.
We recommend that you supervise your children, while they play in this area.

This area is not suitable for food or drink. **Unsupervised play could result in injury.**
If you choose not to supervise your child, please note that you do so at your own risk.

No.9

KIDS MENU



Garlic Ciabatta 2.95

Bowl of Vegetable Crisps 2.25

Crisp Bread Sticks 0.50

Junior Breakfast 3.95

Served until 12:00pm — Three Pork Sausages
with Toasted Bloomer or Soda Bread

Cup of Soup 3.00

Homemade soup of the Day

Mini Mac & Cheese (v) 3.95

Macaroni Pasta, with our Four Cheese Sauce topped with Toasted Bread Crumbs.

Junior Bangers & Mash 3.95

Three Pork Sausages with Creamy Mashed Potato & Gravy.

Junior Fish Tempura 3.95

Goujons of Fresh Haddock, in a crispy Tempura Batter served with Skinny Fries.

Macaroni Bolognese (g/vo) 3.95

Locally reared Beef, in a Tomato Ragu, with Macaroni Pasta and Parmesan Cheese.
As a vegetarian option this dish is ideal as a plain pasta, with our Homemade Tomato Sauce.

Junior Chicken Goujons 3.95

Goujons of locally reared Chicken Breast, in a light batter served with Skinny Fries.

Junior Chicken Wings 3.95

Locally reared Crispy Chicken Wings (with no added Sauce) served with Skinny Fries.

Lamb Stew with Mashed Potato (g) 3.95

Irish Lamb Mince, in a Tomato Ragu, with Mashed Potato & Grated Parmesan Cheese.

Chicken & Bacon Melt (g) 3.95

Like a Mini Pizza on a Gluten Free Bap, with Breast of Chicken, crispy Bacon Bits,
Cheddar Cheese and our Homemade Tomato Sauce, served with Vegetable Crisps.

You can swap between Skinny Fries, Mashed Potato, Salad, Pasta or Roast Vegetable's

DRINKS

Homemade Lemonade	1.25	Freshly Squeezed Orange Juice	1.50
Homemade Berry Lemonade	1.50	Coke, Diet Coke, Fanta, Sprite	1.50
Juice Box, Mixed Fruit	1.25	Milk	1.00
Junior Chino	1.00	Kids Hot Chocolate	2.00

Kids Drinks are served in Junior Size Cups with a Lid and a Straw

DESSERT

Natural Yogurt
with Banana Blue Puree 2.50

Vanilla Ice Cream
with Chocolate Sauce
& Candy Sprinkles 2.50

Mini Chocolate Brownie
with Chocolate Sauce 1.95

(g) Gluten Free (go) Gluten Free Option (v) Vegetarian (vo) Vegetarian Option Please ask us for Information on Allergens.

